

From Normal to Inspired

Normal "So, So" Living

You think that life is happening to you.

(You live from the foundational belief that you are at the "effect" of outside causes. You tend to see yourself as the "victim" of situations, people and conditions beyond your control)

You see life as a struggle.

(You focus on lack, unfilled needs, not enough, scarcity, poor health, insufficient income/money, etc. You believe for your life to be what you really want, external forces must change: employer, president, political party, spouse, economy, etc. You can more easily express what you don't want or like.)

You have family and personal relationships that are strained, complicated and less than fulfilling.

(You expect others to change to meet your needs and requirements and believe that only when they change will the relationship improve.)

You believe your power is externally based; position, rank, authority.

(Winning and being right is important. You must be in control to survive, succeed and further your ambitions.)

You have a poor sense of self, low self-esteem and feel unworthy.

(You find it difficult to accept success, love, and prosperity. You believe you have to struggle and toil to get what you want. Your past colors much of your future.)

You define yourself and life by what you have and do.

(You see fulfillment as the "stuff" you own and what you do. You measure success by position, rank, income, and external factors. You ask; "What's in it For Me.)

You give limited importance to personal development.

(Adult learning and personal growth are not that important and tend to be a priority only when it becomes a necessity.)

Inspired Living

You live from the knowledge and awareness that life is lived from within.

(You understand that your consciousness is the foundation for creating your life. You are at "Cause." and awakened to expressing the deeper inner wisdom.)

You know that what you focus on in consciousness expands.

(You focus on what you do want, affirming the many blessings in all areas of your life. Ever increasing good flows to you because you are living the Universal Law of Giving and Receiving. You create exceptional value for others.)

You have loving and mutually beneficial relationships.

(You take full responsibility for your relationships. You forgive yourself and others for errors in the past and create fulfilling and loving relationships.)

You know and live with full awareness that your connection with spirit is the source for creating the life you want.

(You have faith "from" knowing who you are and how spirit and the world support you.)

You know you are a spiritual being in this human expression.

(You live from a consciousness of worthiness. You are in the "flow" and just like the expression of the oak is in the acorn, as potential, your full potential lies hidden in you. You too can draw to yourself everything essential to giving full expression to your life.)

You live from "being," caring and contribution.

(You give expression to your purpose, vision, inner wisdom, unique talents, and knowing who you have come here "to be." You ask; "What can I give?)

You are committed to lifelong learning and development is important.

(Increasingly you give importance to your spiritual growth and the importance and influence of spirit in your daily life.)